|  |  |
| --- | --- |
| Name: KOKILA | Reg No: 1-9SMHC17 (OLD CASE) |
| Age / Sex:34/M | Contact No: |
| Marital Status:ML-13 YRS | Date:1/9/17 |
| Occupation:PHARMACY SHOP | Dr. PJFP |
| Address: | DIAGNOSIS- |

1. GASTRITIS SINCE 7 YEARS.

MORE FLATULENCE IF EATS LITTLE ALSO. 4-5 TIMES DAILY FOR MOTION.

1. KNEES PAIN <WALKING FROM 2 DAYS. ONLY RT. KNEE THERE FROM 3 YEARS BUT FFRM 2 DAYS MORE IT HAS BECOME.
2. TIREDNESS(HUSBAND ADMITTED IN HOSPITAL STEN)
3. HAIRFALL A LOT. BUT REDUCED THAN BEFORE BY 50%.
4. ITCHING ON TH LEFT DORSUM OF THE HAND. WHITE AND SCALY <WINTER.

LMP:26/7/17

RX:

1.SILICEA 200 – 4 DOSES – 1 WEEKLY

2.CALC.IOD 200 – BD DISC WATER.

3. THUJA 200 – 2 DOSES – 14 DAYS ONCE

4. THYROIDINUM 6X – 4-0-3

5. DISC BID

11/10/17: lmp 28/9 17. Leg knee rt joint pain <motion.>rest

Hairfall more. Gastritis. Little less also feels flatus more empty stomach also more. Feeling very tired also. Morning yoga and evening walk. More physical activity but still no relief.

Rx:

1. chelidonium 200 – 10 doses 3 days once – b/food morning.
2. Bryonia 30+apis30 disc 4-4-4 a/food watr.
3. Aloes 30+china 30 disc – 4-4-4-4
4. Nat sulph 200 – 6 doses – water b/food.

1/12/17:no better. Had infection food poisoning.

Rx:

1. nat sulph1m+sulphur 1m+folliculinum1m – 1 dram pills
2. mag phos1m+aloes1m+colocynth1m – pain sos.

Rub 15.

15/12/17: period didn’t come still. Gastritis increased.

Rx:

1. Rhus tox 1m+kali carb 1m+sulphur 1m.

13/1/18: lmp: 2/1/18. 50% better with gastritis. Knees pain a lot. <walking. Right knee. Feels no strength in the leg itself. Hairfall is continuing. 2-3 times get motion imm after eating.

1. Croto tig 200 – mng 4
2. Apis 200 – aftn 4
3. Kali carb 1m – night 4.
4. 60 doses.

20/2/18: lmp: 11/2/18. 30% better. Pain in the epigastric region <morning,evening. Knees pain for 15 days better and then shocks started. Premature graying of hair. Started taking some protein powder which makes her feel better and weight loss also. Hairfall inc. than before. Feeling better with legs . no one will listen if she tells. All will tell opposite what she says . ffeels like beating them (laughed shyly) and keeps shouting. No tiredness giddiness now.

Rx:

1. Kali carb 10 m- 1 dose- b/brush water.
2. Disc – 3-0-3.
3. Thyroidinum1m – 4 doses weekly b/brush water.

10/3/18: PAIN IN THE LEFT HYPOCHONDRIUM < TURNING LEFT TO RIGHT. FEELING WEAK. GIDDINESS. TIREDNESS VERY MUCH. LMP: 11/2/18.AFTER BERB1M AND TICTURE FEELS BETTER BY 50%. UMBILICAL SWEELING FEELS LIKE HERNIA. FEELS SCARED. DRINKS A LOT OF WATER.

RX:

1. BERB VULGARIS+SOLIDAGO+SARSAPARILLAQ 15-15-15-15 DROPS A/FOOD WATER.
2. LYCO 4-4-4-4.
3. COLOCYNTH+NUXVOM1M+IPECAC1M- PAIN SOS.

5/4/18: no pain in the loin region but when pressing ther is pain in the left hypochondrium region. Hair fall also inc. drowsy at times. Lmp: 11/2/18;20/3/18.

Rx:

1. Kali carb 10m – 1 dose
2. Nat.carb 200 – 4 doses – weekly once bfood.
3. Guacum 30 disc 3-3-3-3.
4. Bell200+nux vo200+ipecac200+colco
5. bvQ+solidagoQ+sarsaparillaQ+dioscQ

31/5/18: umbilical hernia. Tsh – 37ui/ml. non obstructive b.l caliculi 3mm. lmp: 24/5/18. Weight loss. Drinking protein drink. Walking and exercise. Feeling weak but yet doing. Hairfall a lot. Submental swelling.

Lifespace investigation:

Native of whitefield. 1 elder bro. good relationship with parents. Studied upto bcom final year. Conceived then so left studies. Use to be stubborn at home whatever thinks must be over. What she says must do. Whatever I say is right. But whatever I say the opp people will do opp. Tho I know im right. Mother use to say girl shd b quiet mus adjust. Even bro and dad use to pamper her so she use to get what she says. Mus be sportive with others shd not speak against or behind backs. Wants people to be frank. Never use to study well hw much interest is ther also memory loss. Feels no concentration. Hardwork use to do. No encouragement and understanding from in laws. Husband listens to his parents a lot. Degrades wife and wifes family. They feel jealous towards her. Use to cry a lot then what did I do to them y did they make me suffer. I will work from 5.30am till 10pm. I am unable to do anything nothing Is in my hands. Main problem was in laws wanted her properties which her parents don’t give saying whatever is ther it is only fr her. They never smile. Always pointing out. thyroid from 7-8 years.use to think a ot like life became like his lot of troubles etc. Din get 3-5 months periods and hairfall then got tested for thyroid dysfunction ths was 98. Doesn’t leave the husband because no1 to support her. Plus her parents say that they have a good name in family so better not leave adjust. Desires normal but her doesn’t come only when he wants he will come for intercourse.

Had when 10th std. bleeding per rectum. Till menarche thin like a stick. After menarche inc in weight eating good food. Was in a joint family. Till marriage was fine.

Likes to be alone in a place where no1 is there. But want to be with husband happily but he wont be there. Knee joint pain reduced after weight loss. Likes cold more than hot. Teeth cavitites from 5-6 years. Dryness skin. White patches. Sunburn since 3 years. Headache and drowsiness gone. deams like snakes will be watching them and ghosts will be shouting standing beside her. as if someone beating her. Nw expressing herself openenly why shd I fear. Milk causes vomiting or nausea.

* Strong willed
* Laughs while telling symptoms.

Rx:

1. calc. flour 1m – 1 dose.
2. Rub 30 -1 dose nt b/food.

14/7/18: hairfall inc. backs and thighs lots of allergy. Itching anytime. Lmp: 10/07/18. Knee joint pain smtimes shock < cold weather. White patches. Umbilical hernia. 2 months. Premature graying. Tsh – 9.30. aec – 690 cell (40-440 cell / cu mm) eosinophils – 7% (0-6%)

Rx:

1. Calc mur 200 – 4-4-4-4.
2. Histamine 1m – 1 dose.
3. Kali carb 0/1 3-3-3.

19/9/18: itching started from 15 days again. Umbilical hernia increasing. <morning on waking. Lmp: 10/8/18. Getting pain but no bleeding yet. hairfall more. Taking hairboost capsules a lot.

Rx:

1. Medorhinum1m 5 days once 1 dose – 10 doses.
2. Calcarea carb 10M – weekly once .4 doses
3. Viburnum opulus200/apis 30/graph30 – 4-4-4-4
4. Acon200 – 4-4-4-4 – 1 day 15 days once
5. Nux vom200 – 1 dose morning on same day of acon 200.
6. Granatum200/opium200 – 4-4-4-4 2 days weekly repeat.

Manjunath: drinking a lot. Listens to others.

Rx:

1. Syphilinum1m – weekly doses
2. Nux vom 200 – 3 days once – 10 doses.

16/11/18: lmp: 23/10/18; 24/09/18. Hernia bulging is more. 20% feels better. Tsh: 10.9 mg/dl. Hairfall inc. itching reduced after graphites 1m. tiredness better. Knee pains inc. abdomen pressing pain not there in the hernia region.

1. Rx: Medorhinum1m 5 days once 1 dose – 10 doses.
2. Calcarea carb 10M – weekly once .4 doses
3. Viburnum opulus200/apis 30/graph30 – 4-4-4-4
4. Granatum1m/opium1m – 4-4-4-4 2 days weekly repeat.
5. Rhus tox 30+guiacum30 – disc 4-0-4.
6. Rub 30 – 1 dose ntb/food.

Husband: joint pain < lying while. Dm since 1.5 yr. alcoholism. Numbness in both arms while sleeping.

Rx:

1. Syphilinum1m – weekly doses
2. Nux vom 1m – afternoon 4 pills b/food.
3. Daphne+quercus+avenaQ+acid sulphQ- 15-15-15 drops a/food.
4. Acid sulphur 200- 4-0-4 disc

31/1/19: lmp: 24/1/19. Hairfall more. Took wyosolone fr itching. After that got fever and cough. Took antibiotics. Low abd pain in the left lower abd. Took cyclopam. Cough whititsh.

Rx:

1. Calc sulph 200 – 4-4-4-4 10 days.
2. Granatum1m/opium1m – 4-4-4-4 2 days weekly repeat.
3. Rub 30 – 1 night.
4. Nat phos 6x 4-0-4.

28/3/19: cough frequently. Lmp: 13/2/19; 19/3/19; whitish sticky mucus. Uneasy in the wind pipe. < night lying down, cold item, hernia swelling also less 60%.. Hairfall very much even on touch. Joint pain. hiccups and burning in throat at times on. Mut go to motions. Hiccups when eating only.

Rx:

1. Spongia1m – 4-4-4-4 10 days.
2. Granatum1m/ opium 1m – disc 4-0-4.
3. Calc sulph 200 – 4-4-4-4 10 days.
4. Cyclamen 200 – 4-4-4 10 days.

17/6/19: tsh 5.9. gastric if eats spicy more will get. Frequent motion. Hairfall more. Leg pain. sweating, hccups, swelling all reduced. Lmp: may 18th 2019; april 17 april 2019. White discharge watery feels wet. Skin eruptions from 10 days. Reddish and wounds type and sometimes whitish powdery. Very dryness.

Rx:

1. Spongia1m – 4-4-4-4 10 days.
2. Granatum1m/ opium 1m – disc 4-0-4.
3. Calc sulph 200 – 4-4-4-4 10 days.
4. Cyclamen 200 – 4-4-4 10 days.
5. Rub30 – 1 tab night b/food.
6. Thyroidinum1m – 4 doses.
7. Thry 6x 4-0-4

22/07/19: had some family issues from 15 days. Got stones again. Gastritis. Flatus. Home food also full gassy abdomen. Burning in the throat. Night. Took kali carb, graphites, carcinosin, rhus tox. Skin allergy is more. Whitish flaky. Itching < mng 4pm. On waking .

Rx:

1. Sulphur 200 – 4-4-4-4.
2. Pulsatilla 200 – 4-4-4-4
3. Sepia 200 – 4-4-4-4

1,2,3 for 10 days.

1. Granatum1m/ opium 1m/nux vom1m – disc 4-0-4.
2. Lycopodium 200/china 200/carbo veg 30 – 4-4-4
3. Berb vulgaris Q/sarsaparillaQ/ solidago Q – 15-15-15-15 a/food water.
4. Berb vulgaris 6c+calc renalis 200 disc 4-4-4 b/food.
5. Thuja 1m 4 doses weekly once b/food.
6. Calc sulph 1m – 3 doses – 10 days once b/food.
7. Spongia 1m – 4 pills alternate days morning b/food.